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ABSTRACT

Materials found useful in the Infant Care Project of the University of North Carolina are listed in this annotated bibliography. The three sections of the bibliography are: for trainees on-the-job, before-the-job; for trainers learning, planning, teaching; and audio-visual materials for trainees and trainers. (DB)

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BEGINNING WITH INFANTS

FOR THOSE INVOLVED WITH DAYTIME PROGRAMS FOR INFANTS AND TODDLERS

U. S. DEPARTMENT OF HEALTH, EDUCATION & WELFARE
OFFICE OF EDUCATION

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SUGGESTIONS FOR READING AND VIEWING

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ED 065200

Prepared by

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1972

INTRODUCTORY NOTE

This little booklet is our effort to share with others some of the materials we have found helpful as we have worked -- since 1967 -- in the Infant Care Project. In the early years of the project we were chiefly concerned with the task of establishing and operating a Nursery Center for the daytime care of a group of young children (30 children, three months to three years of age). In more recent years we have been involved with documenting the training of our staff for work with these very young children. Through workshops and publications we have shared this experience with others who face the task of training others and of becoming "trained."

Each year, each month, new materials come from groups all over the United States, groups with concerns similar to ours. The list of materials that this booklet contains could be enlarged tomorrow. Users of the book will want to be on the lookout for new materials as they appear. It is for this reason that extra blank pages have been inserted in the booklet.

We hope that our readers will find --- as has our own staff --- help and inspiration in the materials listed here.

Mary Elizabeth Keister

Greensboro
April 1972

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for

TRAINEES

on-the-job, before-the-job

Baker, K. R. *Let's Play Outdoors.*
Washington, D. C.: National Association for the Education of Young Children.
1966. $1.00

Although this does not deal specifically with infants and toddlers, its approach to the values and pleasures of outdoor play is appealing to all adults who care for children. Attractively illustrated, well-written, a classic.

Bits and Pieces. Imaginative Uses for Children's Learning. Washington, D. C.: Association for Childhood Education International. 1967. $1.25

Focused not on infants and toddlers but on older preschoolers; nevertheless this little booklet contains a wealth of ideas for children's play at home and in groups. This is a revision of an "old favorite" from ACEI called "Uses for Waste Materials." Attractive ideas for organizing materials, making toys, collecting free and give-away materials, etc. Selected bibliography.

Dittmann, L. Children in Day Care with Focus on Health. Children's Bureau Publication No. 444. Washington, D. C.: U. S. Printing Office. 1967. 50¢

Here "health" is dealt with in the broadest and best sense --- i.e., all aspects of the life of the child are seen as health-related. Excellent chapter on "The Infant and Toddler"; also excellent: "Components of the Health Program." References.

Dyrud, G. Play to Learn.
Minneapolis, Minn. Augsberg College
1971. $3.00 (from the author)

This little book "provides assistance in setting up the best possible atmosphere for early learning which contains practical language based on sound psychological principles." Emphasis is on helping the child's learning ability to "unfold," language learning, watching, trying, "thinking with actions."

Fraiberg, S. H. The Magic Years. New York: Charles Scribners Sons. 1959. $2.45

A warm, humorous, delightful description of the early years. The reader sees the world through the mind of the child. Shows childhood (and parenthood) as fascinating and fun even as problems and difficulties are faced. Psychoanalytic "theory" presented with good sense and great breadth of understanding and appreciation for the charms of babies, toddlers, preschoolers.

Galambos, J. W. A Guide to Discipline. Washington, D. C.: National Association for the Education of Young Children. 1969. $1.25

Although not focused on infants and toddlers, this is a book for all who come in contact with children and who aspire to an ideal of understanding, to practice what the author calls "caring-control." Develops the topic of discipline in the broad sense of caring deeply about children. Suggestions for handling difficult situations, for talking with children.

Gordon, I. J. Baby Learning Through Baby Play. New York: St. Martin's Press. 1970. $3.95

Activities, games and play suggestions for parents to enjoy with children from babyhood through later toddlerhood. The play suggested is interesting and fun, promotes learning, and builds self-confidence in both child and parent. Also useful for mothers offering family day care and for caregivers in infant-toddler group care programs. Charmingly illustrated.

A Guide for Parents.

No. PA-710 "Play Games with Baby"
No. PA-711 "Babies Touch, Taste, and Learn"
No. PA-714 "Babies Look and Learn"
No. PA-716 "Talk with Baby"

Washington, D. C.: U. S. Department of Agriculture, Federal Extension Service. 1966. Each booklet 5¢, 10 for 20¢, 100 for $1.75.

These are little 4-page leaflets, illustrated, with very simple suggestions for parents about how to "teach" babies. Attractive; sound advice; useful for non-readers.

Green, M. M. and Woods, E. L. A Nursery School Handbook for Teachers and Parents. Sierra Madre, California: Sierra Madre Community Nursery School Association. 1967. $2.00

One of the best little "how to" books in the field -- simple, direct, helpful in the immediate, day-to-day situation with 2's, 3's, and 4's. Written for mothers who work in cooperative schools, but applicable to paraprofessionals in many situations, including day care.

Bibliography.

Haiman, P. E. *Child Care Series*

Cleveland, Ohio: Press of Case Western Reserve University. 1971. $5.00 for packet of 25, each title.

From the Hough Parent and Child Center in Cleveland, four illustrated pamphlets for parents: "Keep Babies Busy," "Kids Copy Their Parents," "Soul Mother," "When Kids Fight Over Toys." Tone is colloquial and informal, addressed to black parents in the inner city; sets forth applied principles of child rearing. Other pamphlets for the series in preparation.

Hymes, J. L. A Healthy Personality for Your Child. Children's Bureau Publication No. 337. Washington, D. C.: U. S. Government Printing Office. 1952 15¢

Erikson's "Eight Ages of Man" re-stated simply for parents and workers with young children. Lively, readable, concise. What are children like? What do they need from us at each stage of development? A small classic.

"I'm Not Just a Sitter"

Community Family Day Care Project. Pacific Oaks College. Pasadena, Calif.: 726 North Los Robles (91104) 1971. $2.00

Documentation (photographs and quotations) of a variety of family day care homes and mothers. Attractively bound and composed. The day-home mothers themselves speak through the pages of the book. A comprehensive picture of family day care -- its variety, difficulties, rewards.

Isaacs, S. The Nursery Years. New York: Schocken Books. 1968. $1.95

First published over 40 years ago, this little volume (by an outstanding British child psychiatrist) hardly knows its age. In an easy, chatty style, the author helps parents and workers see the interrelatedness of development, the child's point of view, and how he learns through play. She gives clues to understanding children's learning, knowing, and feeling.

Murphy, L. B. and Leeper, E. M.
Caring for Children series.
Number one: The Ways Children Learn
Number two: More Than a Teacher
Number three: Preparing for Change
Number four: Away from Bedlam
Number five: The Vulnerable Child

Washington, D. C.: Office of Child Development, Bureau of Head Start and Early Childhood. 1970

The first two booklets in this series are especially useful for inexperienced people whose job is to care for very young children. Principles of learning, the role of mothering, are described simply for the para-professional.

"Recipes for Fun." Activities to do at home with children. Winetka, Illinois: PAR Project. 1970. $2.00

Activities that can be enjoyed by children from 1 1/2 to 10 years. Suggests odds and ends to be saved, basic supplies; make-believe activities, making things, learning games, music and rhythms, exploring and observing. Excellent for family day care mothers; colorful, illustrated. Also available: Workshop Procedures, a companion guide to "Recipes for Fun." ($2.00)

Reed, S. *Health Is . . . Everything.*

Greensboro, North Carolina: The University of North Carolina at Greensboro, 1971. $1.00

A collection of simple leaflets about healthy development of the baby and "runabout." Individual sections include: check-ups, feeding, safety, dental health, the sick child, and play. Easy-to-read, illustrated.

Saunders, M. *ABC's of Learning In Infancy.*

Greensboro, N. C.: University of North Carolina at Greensboro. (27412) 1971. 75¢

A is for Activity; B is for Beginnings; C is for Curiosity. Simply written for parents and others who take care of babies. Shows how all the things a baby does and all that happens to him are "learning experiences." Suggests ways in which adults can help infants to learn and find success and pleasure in the learning.

Segner, L., and Patterson, C. *Ways to Help Babies Grow and Learn. Activities for Infant Education.*

University of Colorado Medical Center, Denver, Colo.: John F. Kennedy Child Development Center. 1970. $3.00

Drawings, photographs, simple clear statements setting forth guidelines for working with children under 3 years of age. Deals with language development, personal-social relationships, fine-motor and gross-motor development. Suggestions for toys, games, music for babies and toddlers. Some songs, games and illustrations included for Spanish-speaking children, parents, and workers.

Suydam, M. J. and McEnery, E. T.

Feeding Little Folks. Chicago, Illinois: National Dairy Council. 1969. Free

Written for parents of young children but also useful for mothers offering family day care. Illustrated, easy to read. Tells what to expect of children, what foods they need, "how to bring children and foods together happily."

Upchurch, B. *Easy-To-Do Toys and Activities for Infants and Toddlers.*

Greensboro, North Carolina: The University of North Carolina at Greensboro. 1971. $1.00

Attractively illustrated booklet about making toys for young children. Instructions for simple toys for infants, toddlers, two-year-olds. Suggestions for activities for young children, ideas for wall decorations, hints to the adult for collecting and storing material.

Your Baby's First Year and *Your Child from One to Three*. *Children's Bureau Publications Nos. 400 and 413. Washington, D. C.: U. S. Government Printing Office. 1962, 1964. 30¢*

Simple, easy-to-read booklets, attractively illustrated. For parents and others who want to know "what to expect" and what is expected of them. Important general principles are stated, but not developed in depth.

for

TRAINERS

learning, planning, teaching

Arnote, T. Learning and Teaching in a Center for the Care of Infants and Toddlers. Greensboro, North Carolin: The University of North Carolina at Greensboro. 1969. 50¢

For directors and professional workers involved in recruiting and training staff for a group-care setting for infants and toddlers. A descriptive review of experience with staffing the UNC-Greensboro Nursery Center. Deals with interviewing, orientation, on-the-job learning, developing staff goals, staff meetings, evaluation of staff; sample record forms included in Appendix.

Bowlby, J. Child Care and the Growth of Love, Baltimore, Md.: Penguin Books, Inc. 1965. $1.25

A shortened non-technical version of the now-classic "Bowlby report" prepared in 1952 for the World Health Organization: Maternal Care and Mental Health. Includes material from a second report (1962) from the WHO. Emphasizes the importance of "mothering" and family life for the infant. All who work with infants in out-of-home situations should know this study, as it has greatly influenced the field of infant care, institutional care, and day care. References.

Chandler, C. A., Lourie, R. S., and Peters, A. D. *Early Child Care -- The New Perspectives.* *New York: Atherton Press. 1968. $5.95*

Contributions to a series of conferences held in 1964-1965, "Early Child Care Re-Examined." Outstanding papers dealing with development and individuality, theoretical basis for programming, child care in other countries, current research projects involving infants in group care. Much practical detail of help to those operating programs for very young children. Extensive references follow most of the chapters.

Dittman, L. Children in Day Care with Focus on Health. Children's Bureau Publication no. 444. Washington, D. C.: U. S. Government Printing Office. 1967. 50¢

A well-written booklet that is about much more than health -- or rather about health in the broad sense of something that permeates all of the life of the child and his family. Very useful for planners and administrators as well as for those who work directly with children in day care. Good references in each chapter.

Dittman, L. (ed.) What We Can Learn From Infants. Washington, D. C.: National Association for the Education of Young Children. 1970. $2.00

Compilation of papers and discussions from a conference held in 1969 at Child Study Center, Yale University. Papers on infant development, on parent-infant relationships, and on social development of the young child in our society. Psychoanalytic orientation in the papers and reference lists.

Erickson, E. H. Childhood and Society.
New York: W. W. Norton and Co.
Second edition revised and enlarged.
1963. $2.95

Chapter 7, "Eight Ages of Man," first published in 1950, has had an extremely important influence on child development theory in the United States. Particular emphasis is on infancy and the preschool years as contributing to later development. Trust, autonomy, initiative are watchwords. The child's emotional concerns and his developing understanding of the world are seen as intertwined in these years.

Forrester, B. J. and others. Materials for Infant Development. Nashville, Tenn.: George Peabody College for Teachers John F. Kennedy Center for Research on Education and Human Development. 1971.

A manual prepared for the DARCEE program of home visiting with mothers and infants, designed "to increase the educability of the infants." Includes areas of early development, provisions needed for development, materials field-tested with mothers and babies. Toys, activities, books, etc. for infants between 7 and 18 months. Attempt was made to provide multi-purpose, versatile materials.

Grotberg, E. H. (ed) Day Care: Resources for Decisions. OEO Pamphlet 6106-1 Washington, D. C.: Office of Economic Opportunity, Office of Planning. 1971.

The entire volume is a mine of up-to-date information and thought about children in day care. Of special usefulness to professionals responsible for training for work with infants and toddlers are the chapters on social and emotional development, on cognitive development and day care, on program supports, and on staff selection and training. Extensive, up-to-date bibliographies.

Hille, H. M. Food for Groups of Young Children Cared for during the Day. Children's Bureau Publication no. 386 Washington, D. C.: U. S. Government Printing Office. 1960. 25¢

Considers not only the selection, preparation, and serving of food to children in day care but also the importance of helping children develop good eating habits and pleasant associations with food. Meeting nutritional needs, purchasing and storage of food, preparing food, costs, sanitation, buying guide. References.

Huntington, D. & Provence, S. (eds.) Serving Infants. [No. 2 in a series of Child Development/ Day Care Manuals] DHEW Publication No. (OCD) 72-8. Washington, D. C. U. S. Government Printing Office. 1971. 75¢

Handbook for those who plan for infant care. Principles that guide good programs, needs of children from birth to three years, cautions and controversies. Practical suggestions for program planning, equipment, and supplies. Activities for balanced development. List of sources of information on day care and child development.

Isaacs, S. The Nursery Years. New York: Schocken Books. 1968. $1.95

First published in 1929 and now re-issued in paperback form, this little classic helps parents and teachers "rediscover" the young child. Subtitled "The Mind of the Child from Birth to Six Years," the book focuses on the way emotions permeate cognition. The author, a noted British child psychiatrist, encourages parents and those who work with children not only to observe the child's behavior but also to view themselves as participants in the inner life of the child.

Keister, M. E. 'The Good Life' for Infants and Toddlers. Washington, D. C.: National Association for the Education of Young Children. 1970. $1.50

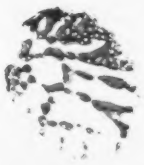
Report of a demonstration project involving an attempt to identify and describe quality in an all-day program for infants cared for in a group situation. The model for the program (good home care) is described; also evaluation efforts and findings. List of useful references; list of sources of helpful information.

Keister, M. E. Hidden Treasure. Parents Search for Quality in Infant-Toddler Care. Booklet, with optional color slide set. Greensboro, North Carolina: The University of North Carolina at Greensboro, 1972. Booklet only: $3.00 Booklet with set of 100 color slides: $50.00

Thirteen essential qualities in out-of-home programs for infants and toddlers are described and illustrated. What each aspect "looks like" when present,what the program "looks like" when the particular quality is absent or distorted.

Mazyck, A. C. Orientation and Planned Experiences for Day-Home Mothers in Training. Greensboro, North Carolina: The University of North Carolina at Greensboro. 1971. $1.00

Documents a plan for providing short-term training in a group-care setting for mothers who operate day care homes for children under 3 years. Helpful aslo in orienting staff giving infant group care. Includes: orientation for new trainees; outline of development from 2 months to 4 years; do's and don't's for health and safety; suggested schedule of experiences for a two-week training program; suggested readings.



Painter, G. Teach Your Baby
New York: Simon & Schuster.
1971. $6.95

Subtitled, "a complete tested program of simple daily activities for infants and small children, designed to develop learning abilities to the fullest potential." Contains "activity programs" for parents with children from newborn stage through 36 months. Many good suggestions for daily activities with very young children; some readers may like (and some resist) the idea of structured "daily lessons."

Palmer, M. W. (ed.) Day Care Aides. A Guide for In-Service Training. New York: National Federation of Settlements and Neighborhood Centers. 1968. $2.00

Although not focused on training aides to care for infants and toddlers this mimeo booklet nevertheless contains extremely useful ideas for those responsible for training. Outlines in helpful detail nine training sessions for aides; each includes aims, suggestions to trainer, suggested questions and activities, lesson points, oral test questions, suggested films, selected readings. Appendix lists games, books, records, finger plays, play characteristics of ages one to three.

Parker, R. K., and Dittmann, L. (Eds.), Staff Training [No. 5 in series of Child Development/ Day Care Manuals] DHEW Publication no. (OCD) 72-73. Washington, D. C.: U. S. Government Printing Office. 1971. 50¢

Rather too brief to be helpful in a needed variety of ways, this booklet nevertheless contains much useful material. Lists underlying principles of training programs; describes the career ladder concept and specific competencies needed at different levels; discusses the training process, citing learning theories and application to training. Bibliography, film list, other teaching aids.

Provence, S. Guide for the Care of Infants in Groups. New York: Child Welfare League of America, Inc. 1967. $3.00

Focus is on infants in 24-hour care (in "institutions"), thus the booklet does not deal with parents and their relationship to the child and the caregiver. However, the booklet provides good source material for anyone wanting to understand very youjg children and their needs. A mini-textbook that gives a sympathetic "feel" for babies. Suggested readings.

Saunders, M. M. & Keister, M. E.
Curriculum for the Infant and Toddler.
A script with color slides. Greensboro, North Carolina: The University of North Carolina at Greensboro. 1971.

Slide set with 118 color slides, plus script: $50.00. Script only: $3.00

Argues against a "set"curriculum with "planned" learning experiences presented in a formalized way. Makes the point that day-to-day caregiving and play are the curriculum and may provide all that is needed for learning. Helps caregivers become aware that all experiences can lead to learning and growth. Stresses stimulation of the senses, motor development, language, time alone, coping with frustration, self-mastery, imitation, using experiences that "just happen."

Stone, L. J. and Church, J. Childhood and Adolescence. Second edition. New York: Random House. 1968. [Especially chapters 2 and 3, "The Infant"; chapter 5, "The Toddler"; and chapter 4, "Developmental Principles and Approaches."]

One of the best textbooks available on child development -- readable, filled with appreciation for children and enjoyment of them. These chapters cover in depth growth and development from birth through toddlerhood. The chapter on "Developmental Principles and Approaches" deals with child development theory, the scientific method, and principles of development -- serving as a guide to adults in dealing with children.

Woodcock, L. P. Life and Ways of the Two-Year-Old. New York: E. P. Dutton and Co., Inc. 1941.

A little volume now out-of-print, but worth looking up in a library or second-hand-bookshop. The most comprehensive, delightful and sympathetic study of two-year-olds ever published, based on extensive observations and personal notes. Some chapter titles: His Physical Characteristics, Learning to Talk, His Joys and Trials, Beginning to be Social, His Sense of Humor, Trying to Understand, etc. etc.

AUDIO-VISUAL MATERIALS

for

trainers and trainees

"Abby's First Two Years"

(sometimes listed as "Abby, A Backward Look") The Vassar Series, Studies of Normal Personality Development. Rent from New York University Film Library.

Development of a little girl during the first two years. Shown in chronologically reversed sequence. (Begins at two years ends with first weeks of life). Fascinating; an impressive document of growth and development of a normal child.

"Curriculum for the Infant and Toddler"

prepared by Minta M. Saunders and Mary Elizabeth Keister. Greensboro, North Carolina: The University of North Carolina at Greensboro. 1971

Slide set with 118 color slides, plus script: $50. Script booklet only: $3.00

Adaptable for professional and para-professional audiences. Gives paraprofessionals and parents an appreciation of their role in children's lives, helps them see that learning is going on during every event of the day. Points out that expensive educational materials and advanced degrees are not necessary to the success of a curriculum for very young children.

"Getting Infant Care Together"

The Bromley Heath Curriculum and Planning Guide for Infant Day Care. New York: Media Projects, Inc. 1972.
Working Notebook: $8.50
Everybody's Guide to Infant Care: $1.25 Paperback
Two sound film strips: $15.00 for both.

Working notebook includes Background Papers, Curriculum Papers, Cautionary Papers, Practical Papers; gives assistance to day care staff and parents in managing "intelligent day care for children up to two years of age." Paperback Guide is intended to be distributed to everyone working in the center. Filmstrips demonstrate how physical arrangements and developmental considerations affect the adults' relationships with children.

"Happy Talk."

17-minute sound-color film. Produced by Infant Care Project, University of North Carolina at Greensboro.

A skillful paraprofessional caregiver is shown with four one-year-olds during snack time, diapering, playtime, and settling down for nap. Stresses how the adult encourages language development -- through "happy talk" -- how the babies learn through the routines, how the basis for trust in people is laid down.

"Hidden Treasure"

Subtitled, "Parents Search for Quality in Infant-Toddler Care." Prepared by Mary Elizabeth Keister. Greensboro, North Carolina: The University of North Carolina at Greensboro. 1972. Slide set with 100 color slides, plus script: $50. Script booklet only: $3.00

Describes in concrete terms and illustrates thirteen qualities that need to be incorporated in planning and operating programs for very young children. Each aspect of such a quality program is described and illustrated with slides in terms of what can be observed; distortions of these qualities are briefly highlighted.

"Infant Stimulation Games"

A film sequence based on research and training programs developed at the University of Florida. New York: Media Projects, Inc. 1972. Films available in a variety of forms, as: Single reel 16 mm, super 8 cartridges for various types of projectors, etc. Prices on request.

Based on the book by Dr. Ira Gordon, Baby Learning Through Baby Play, the films show how games relate to all facets of a baby's development in the first two years of life; by stop-motion and step-by-step demonstration, shows exactly how games are played at each stage of development.

"Learning to Learn in Infancy"

Black and white, sound film. 30 min. (Series III of Vassar Films for Project Head Start) Available from Modern Talking Pictures, Inc. No rental charge.

Stresses the essential role of curiosity and exploration in learning, and points to the kinds of experience that cultivate and stimulate an eager approach to the world. Also points out the cumulative nature of learning: even in infancy the ability to absorb and use new experiences depends on a backlog or context of experience. Ways are suggested in which adults can help infants make approaches, differentiate between objects, and develop the earliest communication skills.

"Person to Person in Infancy"

Black and white, sound film. 22 mins. (Series III of Vassar Films for Project Head Start) Available from Modern Talking Pictures, Inc. No rental charge.

Stresses the importance of the human relationships between infant and adult, and shows that in group care as well as at home there can be a considerable range of warmth and adequacy of relationship. The impact of this relationship on the infant's readiness and eagerness for new experience are suggested.

How to Obtain

This booklet may be purchased from:

Infant Care Project
Institute for Child & Family Development
The University of North Carolina
Greensboro, North Carolina 27412

50¢ single copy